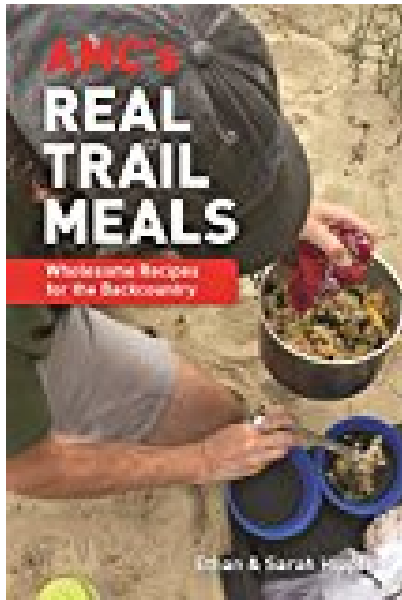


AMCs Real Trail Meals Wholesome Recipes for the Backcountry



BOOK DETAILS

- Author : Ethan Hipple
- Pages : 288 Pages
- Publisher : Appalachian Mountain Club Books
- Language : English
- ISBN : 162842060X

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BOOK SYNOPSIS

Kick your backpacking menu up a notch with AMC's Real Trail Meals: Wholesome Recipes for the Backcountry. This compendium of trail-tested backcountry recipes gives readers a wide buffet of lightweight and nutritious meals. Adopting a practical, easy-to-follow approach, the book features handy icons noting which recipes are vegetarian, vegan, gluten-free, kid-friendly, or require kitchen prep ahead of time. AMC's Real Trail Meals offers a diverse range of wholesome fare for outdoors adventurers of all levels."

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