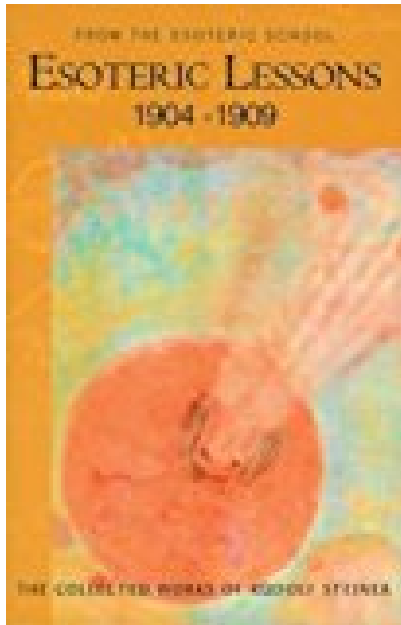


# Esoteric Lessons 1904-1909 From the Esoteric School vol. 1

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## BOOK DETAILS

- Author : Rudolf Steiner
- Pages : 592 Pages
- Publisher : SteinerBooks
- Language : English
- ISBN : 0880106107

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## **BOOK SYNOPSIS**

"To read this book is to be part of Rudolf Steiners Esoteric School, to experience the growth and development of Anthroposophy from within. First and most essential here is the primacy of practice. Steiner stresses attention and concentration. We waste much of our time and energy on thoughts and feelings that to nowhere. Meditation--concentration on a living thought, an idea of higher origin--begins the process of self-gathering. Controlling our thoughts, we begin to form our "mental" (etheric) body; ordering our memories, we begin to work on our astral body. These two tasks are our preliminary goal. "We must make our life into a school for learning." Humility is the key--when the world becomes our teacher, we must become humble. With the beginning of these esoteric lessons, the path is deepened. We witness Rudolf Steiner the spiritual teacher in action. Throughout the lessons, Steiner moves between the so-called Christian-Gnostic path and the theosophical framework of the Masters. As the years unfold, however, the lessons move from the framework given by H. P. Blavatsky toward a deeper, more universal and, at the same time, more contemporary focus. Steiner reveals that behind what Blavatsky brought is the wisdom of Atlantis, which today must come to life again. Here, Christian Rosenkreutz, the Rosicrucians, and the "old philosophers" (alchemists) become important, for it was their task to bring this wisdom, now "enchristed," into the West."--Publishers website.

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