

# Raising the Salad Bar Beyond Leafy Greens--Inventive Salads with Beans Whole Grains Pasta Chicken and More

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## BOOK DETAILS

- Author : Catherine Walthers
- Pages : 272 Pages
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- ISBN : 1891105337

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## BOOK SYNOPSIS

A collection of 135 salad recipes, many of which require no cooking and involve a minimum of preparation time, features a wide range of pasta, wrap, bean, grain, and meat options and is complemented by nutritional information and a chapter on homemade dressings. Original.

### **RAISING THE SALAD BAR BEYOND LEAFY GREENS--INVENTIVE SALADS WITH BEANS WHOLE GRAINS PASTA CHICKEN AND MORE**

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