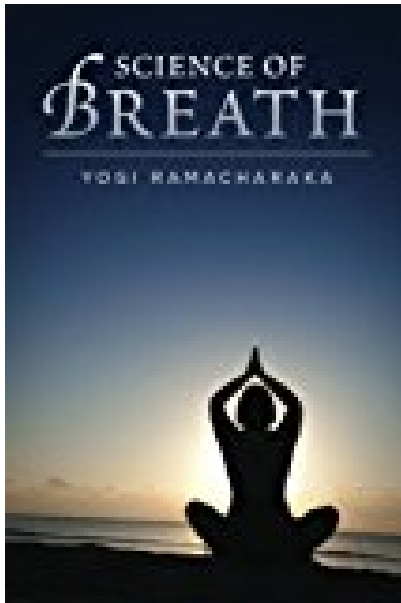


# Science of Breath

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## BOOK DETAILS

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- Pages : 84 Pages
- Publisher : Yogi Press
- Language : English
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## BOOK SYNOPSIS

Breathing may be considered the most important of all the functions of the body, for, indeed, all other functions depend upon it. Man may exist some time without eating; a shorter time without drinking; but without breathing his existence may be measured by a few minutes.

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