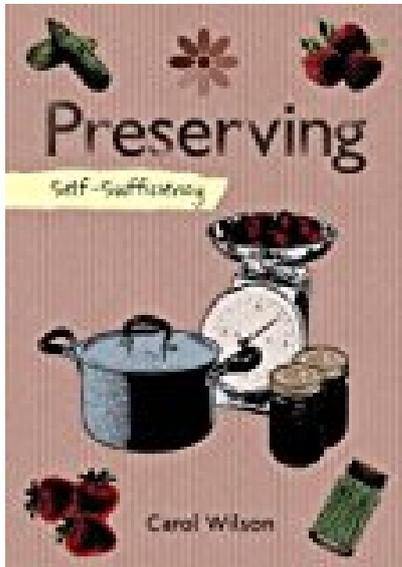


# Self-Sufficiency Preserving

---



## BOOK DETAILS

- Author : Carol Wilson
- Pages : 128 Pages
- Publisher : IMM Lifestyle
- Language : English
- ISBN : 1504800354

[↓ DOWNLOAD](#)

## BOOK SYNOPSIS

There are several different methods of preserving fruits and vegetables and all give delicious results. Jams, jellies, fruit butters and curds, bottled fruits, chutneys, pickles, and salted vegetables are all practical and economical ways to preserve seasonal produce. All you need is a heavy-based pan, a funnel, a sugar thermometer, and glass storage jars. Ingredients, popular fruits and vegetables, sugars, cooking techniques, storage information, helpful hints and tips, and 60 delicious recipes make this book your one-stop guide to successful preserving. This is a handbook that will add flavor to your life and reduce your carbon footprint! About the Self-Sufficiency Series: More and more Americans are becoming concerned about living a healthier and more environmentally-friendly lifestyle. Whether it's moving to the country and starting over on a whim or just making city-living a little simpler and easier, the "Green" movement is changing the way we live our day-to-day lives. Skyhorse's new Self-Sufficiency handbooks are meant to help—offering advice on what to do, how to do it better, and how to save money as well. This is a beautifully-illustrated series made even more beautiful because its goal is to help everyone live in a more earth-friendly fashion.

**SELF-SUFFICIENCY PRESERVING** - Are you looking for Ebook Self-Sufficiency Preserving? You will be glad to know that right now Self-Sufficiency Preserving is available on our online library. With our online resources, you can find Applied Numerical Methods With Matlab Solution Manual 3rd Edition or just about any type of ebooks, for any type of product.

Best of all, they are entirely free to find, use and download, so there is no cost or stress at all. Self-Sufficiency Preserving may not make exciting reading, but Applied Numerical Methods With Matlab Solution Manual 3rd Edition is packed with valuable instructions, information and warnings. We also have many ebooks and user guide is also related with Self-Sufficiency Preserving and many other ebooks. We have made it easy for you to find a PDF Ebooks without any digging. And by having access to our ebooks online or by storing it on your computer, you have convenient answers with Self-Sufficiency Preserving. To get started finding Self-Sufficiency Preserving, you are right to find our website which has a comprehensive collection of manuals listed.