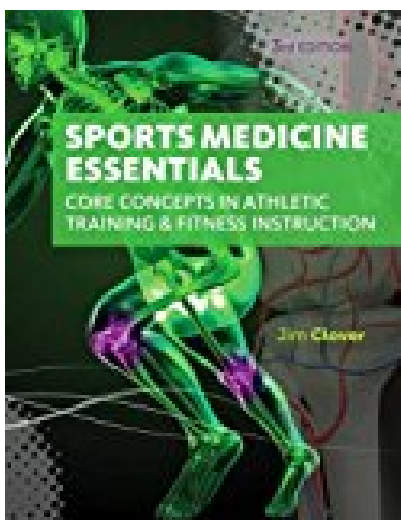


# **Sports Medicine Essentials Core Concepts in Athletic Training & Fitness Instruction with Premium Web Site Printed Access Card 2 terms 12 months**

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## **BOOK DETAILS**

- Author : Jim Clover
- Pages : 768 Pages
- Publisher : Delmar Cengage Learning
- Language : English
- ISBN : 1133281249

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## **BOOK SYNOPSIS**

Correlating with NATA Standards, **SPORTS MEDICINE ESSENTIALS: CORE CONCEPTS IN ATHLETIC TRAINING & FITNESS INSTRUCTION**, 3rd Edition introduces essential skills in Sports Medicine, along with its growing number of career choices. Key topics address fitness assessment, conditioning, emergency preparedness, injury management, therapeutic modalities, nutrition, ethical and legal considerations, and much more. Students will explore careers in fitness instruction, athletic training, exercise physiology, sports management, and even physical therapy, while practicing important, job-related skills. More than a text, this unique hands-on learning tool asks students to perform essential skills, such as taping injuries, researching sports medicine supplies and their costs, and even forming a mock safety committee to mitigate injury risks to athletes. **SPORTS MEDICINE ESSENTIALS: CORE CONCEPTS IN ATHLETIC TRAINING & FITNESS INSTRUCTION**, 3rd Edition gives students VIP access to the fast-paced world of Sports Medicine in both print and interactive eBook formats. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

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