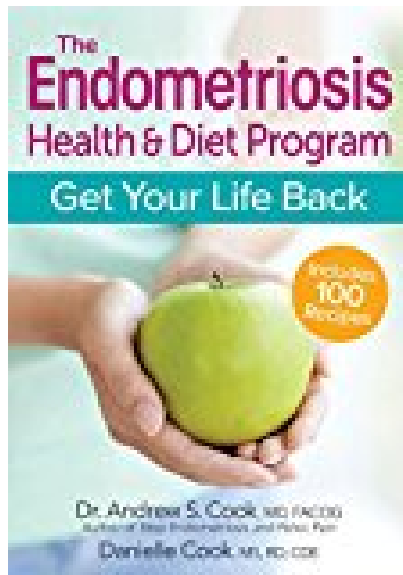


The Endometriosis Health and Diet Program Get Your Life Back



BOOK DETAILS

- Author : Dr. Andrew Cook MD FACOG
- Pages : 288 Pages
- Publisher : Robert Rose
- Language : English
- ISBN : 077880562X

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BOOK SYNOPSIS

Have you been diagnosed with endometriosis? This is a practical book with the most effective nutritional therapy that you will find helpful in healing Endometriosis. The dietary approach strengthens the immune system to help it fight diseases and as a result, endometriosis symptoms are alleviated. You don't have to look so far, many of the things you need may be right there on your kitchen shelf. Endometriosis is a chronic disease that affects women and girls. The endometriosis tissue normally lines up the uterine cavity and is known as endometrium. When endometriosis tissue grows outside the uterus, it may develop in the ovaries, fallopian tubes and elsewhere it causes pain, heavy periods, spotting or excessive bleeding between periods and infertility among other symptoms. This book will be of great help to you if you want to overcome the signs and symptoms of Endometriosis. If you have not been diagnosed with Endometriosis, you will still gain a lot by applying the natural approach recommended, to prevent this disease. A healthy diet and nutrition are essential not only for those suffering from endometriosis but for your overall health.

THE ENDOMETRIOSIS HEALTH AND DIET PROGRAM GET YOUR LIFE

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