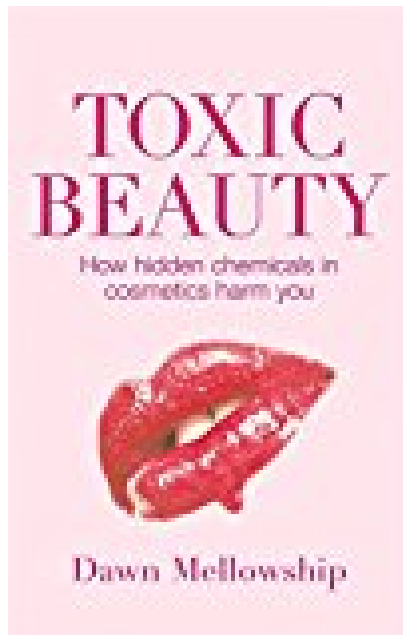


# Toxic Beauty The Hidden Chemicals in Cosmetics and How They Can Harm Us

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## BOOK DETAILS

- Author : Dawn Mellowship
- Pages : 304 Pages
- Publisher : Gaia Books Ltd
- Language : English
- ISBN : 1856753069



## **BOOK SYNOPSIS**

Every year we each absorb an estimated 2 kilograms of chemicals through beauty and cosmetic products. Chemicals found in lipsticks, skin lotions and hair dyes have been linked with tumours, cell mutation, allergies, reproductive complications, endocrine disruption and cancer. Isn't it time we all paid more attention to exactly what goes into the eye shadows, body washes and deodorants we love to use? This compelling and timely book tells you the key chemicals you should avoid, reveals just how natural organic beauty products really are, and features a directory highlighting the health issues surrounding a wide range of products, from hair gel to sunscreens.

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