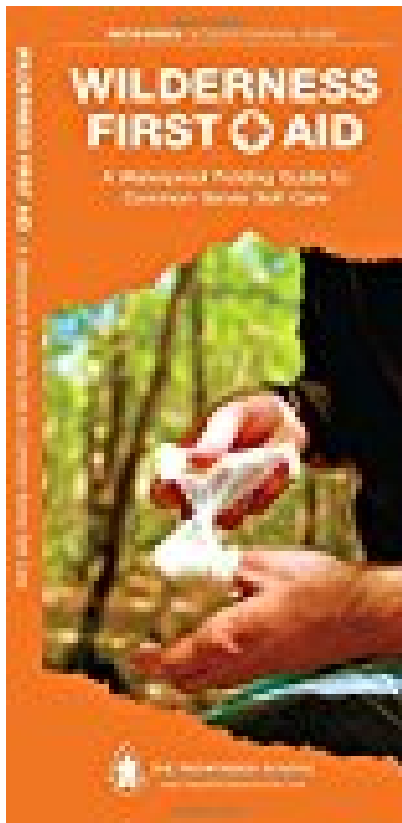


Wilderness First Aid A Waterproof Pocket Guide to Common Sense Self Care Pathfinder Outdoor Survival Guide Series



BOOK DETAILS

- Author : Dave Canterbury
- Pages : 1 Pages
- Publisher : Waterford Press
- Language : English
- ISBN : 1583557180

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BOOK SYNOPSIS

Well-known outdoor expert Dave Canterbury offers basic techniques and essential information for primitive wilderness survival in this new heavy-duty pocket guide series from Waterford Press. Perfect for throwing into an overnight pack or brushing up on skills before an expedition, these waterproof, rip-proof guides can be used on their own or in conjunction with one another, similar to the method used in Canterbury's unprecedented Pathfinder System. Covering everything from what to include in a survival kit and improvised tracking techniques to signaling for rescue and building shelter, this collection is ideal for outdoor adventurers of any skill level and provides indispensable wilderness information for all situations. Covering easily administered techniques for treating common injuries and sicknesses that can occur in a wilderness situation, this guide offers helpful advice for creating a safe and comfortable environment while awaiting rescue or maintaining mobility if self-rescue is needed.

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